

# PATRIOT PRESS

April 2024

Issue 5

## EXTINCT SPECIES RECOGNITION

By : Cara W

According to WWF's 2014 Living Planet Report vertebrate species on Earth have been reduced by half since 1970. Most were caused by daily human emissions and activities. Even though foundations like the Rainforest Alliance, The Jane Goodall Institute, IUCN, etc. are dedicated to preserving wildlife, some species have been declared extinct. In this article we will remember and recognize some of the species that are on the brink of disappearing.



**Reason for extinction:  
Habitat loss and  
introduced diseases**

Hawaiian crows have been extinct in the wild since 2002, living only in captivity at the Keauhou (Hawai'i Island) and Maui Bird Conservation Centers. These birds are sacred in Hawaiian culture and regarded as 'aumākua or spiritual family guardians. This crow is a social species that usually appears in small local flocks. The crow is also known for its cunning intelligence and use of tools. Using these tools and their thick bill, Hawaiian crows hunt snails, arachnids, fruits, and occasionally nectar. Despite several attempts to rehabilitate the species, a series of missteps and failures such as hawk predation led to setbacks in the attempts to reintroduce captive birds back into the wild.



**Reason for extinction: Habitat fragmentation,  
pollution**

Dabry's Sturgeon is known for its late maturity and long lifespan. Unfortunately, due to overfishing, pollution, and habitat fragmentation (caused by dam destruction), the species is extinct in the wild and relies on conservation programs for survival since 2000. Ironically, Sturgeons are one of the oldest families of fish alive today. The oldest sturgeon appeared in the fossil record over 94 million years ago! It feeds on aquatic plants, invertebrates, and small fish. This species is also potamodromous, taking part in a migration, but never leaving fresh water. Many fishermen have now become guardians of fish in the Yangtze River, as they make the most of their knowledge about fish and expertise in steering ships.

# ANXIETY AND WAYS WE CAN LIVE WITH IT

Written by: Roxanne M.

Experiencing anxiety is a normal part of being human, but we tend to avoid it, which causes us to deal with anxiety in the wrong ways. In order for us to have healthy mental health, we must learn more about it and choose ways for us to live with anxiety the correct way.

What is anxiety? Anxiety is a feeling that is associated with fear, and it can make someone feel uncomfortable and uneasy. Anxiety is believed to be a result of a disruption in the emotional centers in the brain instead of the higher cognitive centers.

How do we respond to the feeling of anxiety? When we feel anxious, we usually start to sweat and breathe rapidly, which can make us feel uncomfortable. Instead of properly dealing with anxiety, we tend to avoid thinking about being anxious and situations that trigger anxiety. Many people think that avoiding anxiety actually magnifies the feeling instead of making it go away.

What are healthy ways to live with anxiety? Instead of pushing our anxiety away, we could embrace it. Then, we could learn how to face it. Though there are limits to how we face anxiety, we could still make small steps to progress in our mental health. Some ways to manage anxiety include: learning more about anxiety, breathing techniques, therapy, counseling, exercise, and building self-esteem. You could also talk with a trusted adult such as a parent or guardian, teacher, or the school counselors, Mrs. Labudzik and Ms. Fahy.

**“Anxiety was born in the very same moment as mankind. And since we will never be able to master it, we will have to learn to live with it—just as we have learned to live with storms.” — Paulo Coelho**

## “Easy” World Records

We've heard about crazy World Records like Longest Time Planking, Tallest Person, Largest gathering of people dressed as Albert Einstein, and other world records we don't have the chance to break. But what about records we can do at home? Here are examples of achievements you can try to keep yourself busy.

- Most Socks Put On One Foot In 30 Seconds

This record was set by Pavol Durdik with 28 socks on October 10th 2017! The only rule is you have to put one sock on at a time. How hard can it be?

- Fastest time to put on 5 t-shirts

The fastest time to put on 5 t-shirts (Under 16s) is 10.86 seconds, and was achieved by Ryoma Arakawa in Nagoya, Aichi, Japan, on August 10th 2023. Ryoma's previous record was broken so he came back to win back the title.

- Fastest Time To Unravel Toilet Paper With One Hand

If you beat 9.80 seconds you'll earn a world record previously set by Dalibor Jablanovic (Serbia), in Stubica, Serbia, on November 5th 2013.

- Fastest time to make a bed

Try to beat 1 min 09 sec, achieved by Chow Ka Fai (Hong Kong), for the fastest time to make your bed. Definitely a lot tidier than Dalibor's record.

- Most marshmallows eaten in one minute

The current record is 25 standard-sized marshmallows by Anthony Falzon. If that isn't tough enough try eating 20 marshmallows with no hands; a record set by Leah Shutkever in the UK on October 21st 2020.

- Most sticky note on the face in 30 seconds

The most sticky notes stuck on the face in 30 seconds is 38 and was achieved by Silvio Sabba (Italy) in Rodano, Milan, Italy, on April 18th 2018. Silvio Sabba not only achieved this record but over 200 other records are also to his name.

# Friendship Trouble?

When your friend is not talking to you as much as usual, that means that they might have a feeling that you don't respect them and/or you say things that are offensive towards them.

It is hard to deal with this type of relationship with your friend. It may affect your emotions or your learning, but it may affect your friend.

Some tips that I suggest are to talk about how you're feeling with that particular friend. They might feel the same and may talk about what made them feel uncomfortable.

If it is during school, you should always tell an adult what is going on or tell the school counselor immediately to discuss it with them, and if they don't understand that much then it is best to just ignore the situation till you can communicate better.

This is normal and happens to everyone, including me. You just need to remember to always think about what you are about to say to a friend because it could be interpreted as disrespectful, hurtful, etc.

If your friend tells you that they don't want to be friends anymore, you should understand their intentions and should not tell others about it. If you do, the situation may become worse, and the person may have thoughts about you and might think that you are an untrustworthy person. **DON'T BE THAT PERSON!**

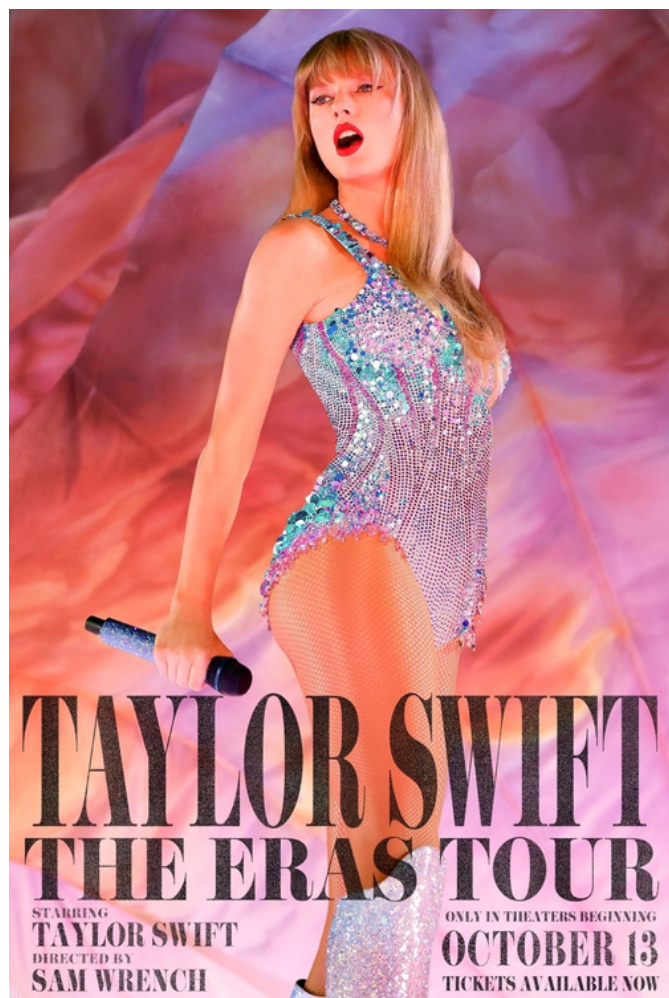
Remember, this happens to me and everyone else in the world. It is normal to happen. Be thoughtful of your words and actions.



# TAYLOR SWIFT: THE ERAS TOUR

BY:EMILEE.B

In theaters the movie made \$261.7 million worldwide and was the highest grossing film of all time. This 3 hour movie goes through all 17 years of Taylor Swift's career and 13 albums she has made. With 16 outfit changes throughout the show she is rushing around. She Makes about \$ 13.6 million a concert. You could even dress up for her concert. She is the most popular and successful singer and songwriter in the United States.



# POP QUIZ! ARE YOU UP WITH THE LATEST POP MUSIC?

## I CAN SEE THE ETERNAL SUNSHINE WITH ARIANA GRANDES NEW ALBUM

**ON MARCH 8TH, ARIANA DROPPED HER NEW ALBUM AFTER 4 LONG YEARS. HER NEW ALBUM HAS 2 VERSIONS, THE REGULAR VERSION AND THEN HER SLIGHTLY DELUXE VERSION. THE SONG LIST INCLUDES: INTRO (END OF THE WORLD), BYE, DON'T WANNA BREAK UP AGAIN, SATURN RETURNS INTERLUDE, ETERNAL SUNSHINE, SUPERNATURAL, TRUE STORY, THE BOY IS MINE, YES-AND?, WE CAN'T BE FRIENDS (WAIT FOR YOUR LOVE), I WISH I HATED YOU, IMPERFECT FOR YOU, AND ORDINARY THINGS. THIS ALBUM WAS A BIG SHOCK TO THE COMMUNITY BUT WAS NEEDED. ON JANUARY 5TH SHE RELEASED YES AND WHICH MEANT SHE WOULD BE DROPPING A NEW ALBUM. KNOWING ARI, SHE WOULD NEV-VER DROP A SINGLE. EVERY ONE OF HER HITS HAVE BEEN ON AN ALBUM. POSITIONS WAS HER FIRST SINGLE, TRYING OUT THE INDUSTRY OF RELEASING SINGLES. HER NEW ALBUM IS SUCH A GOOD ONE. YOU CAN LISTEN TO ETERNAL SUNSHINE ON ALL STREAMING PLATFORMS.**

# GRAB A SNACK AND A DRINK FOR THIS MONTH LATEST MOVIE REVIEW

## KUNG FU PANDA 4; A MOVIE WHICH DID NOT NEED TO BE MADE

*I HAD THE OPPORTUNITY TO SEE KUNG FU PANDA 4 AND I WISH I WOULD'VE SPENT MY MONDAY NIGHT DIFFERENTLY. THIS MOVIE FOLLOWS THE STORY OF PO, A YOUNG DRAGON WARRIOR WHO GOES TO THIS NEW CITY TO DEFEAT CHAMELEON, WAS ABLE TO SHAPESHIFT INTO ANY EVIL VILLAIN. PO (JACK BLACK) THEN FINDS A GIRL NAMED JEEN (AKWAFINA) WHO HELPS PO REACH THIS CHAMELEON TO DEFEAT HER ONCE AND FOR ALL. THE STRENUOUS JOURNEY WAS HARD FOR THEM DUE TO ALL OF THE MOUNTAINS AND RIVERS THEY HAD TO CLIMB AND SWIM. THEY REACH THIS "HAPPY" BUNNY RESTAURANT WHICH IS RAN BY AN ARDVARRK. ONCE THEY REACH THIS NEW CITY, THEY GET TO THE CASTLE AND ONCE THEY REACH THE CHAMELEON ....*

**...GO SEE THE NEW MOVIE TO FIND OUT WHAT HAPPENS TO THE ADVENTURERS**

# The story of Elvis Presley

Elvis Aaron Presley (January 8, 1935 – August 16, 1977), also known as Elvis, was an American singer who was claimed as the "King of Rock and Roll" Some of Presley's most famous films included Jailhouse Rock (1957), Blue Hawaii (1961), and Viva Las Vegas (1964). The Berle shows drew such high ratings that Presley was booked for a July 1 appearance on NBC's The Steve Allen Show in New York. Allen, no fan of rock and roll, introduced a "new Elvis" in a white bowtie and black tails. Presley sang "Hound Dog" for less than a minute to a basset hound wearing a top hat and bowtie.

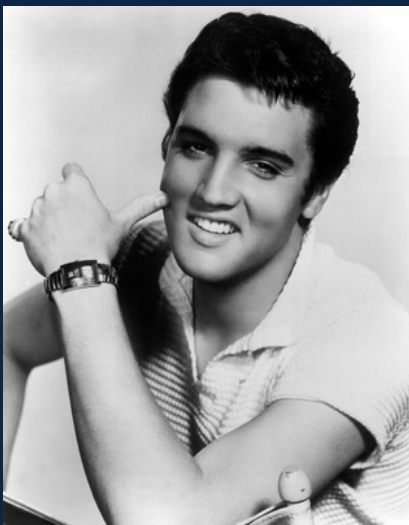
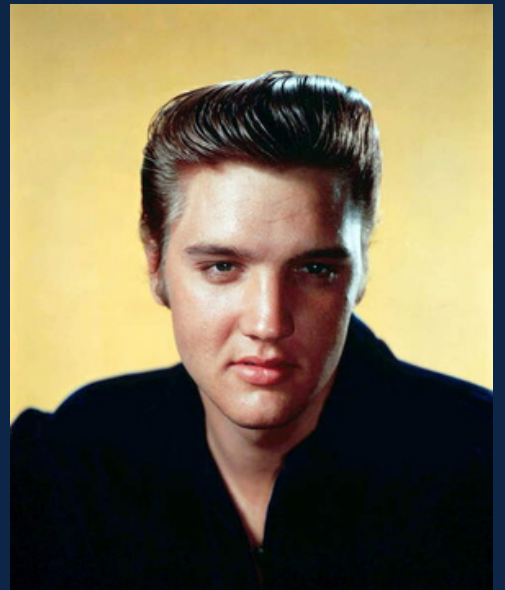
On March 24, 1958, Presley was drafted into the United States Army at Fort Chaffee in Arkansas. His arrival was a major media event. Hundreds of people descended on Presley as he stepped from the bus; photographers accompanied him into the installation. Presley announced that he was looking forward to his military service, saying that he did not want to be treated any differently from anyone else.

Presley returned to the U.S. on March 2, 1960, and was honorably discharged three days later. The train that carried him from New Jersey to Tennessee was mobbed all the way, and Presley was called upon to appear at scheduled stops to please his fans.

On August 16, 1977, Presley was scheduled on an evening flight out of Memphis to Portland, Maine, to begin another tour. That afternoon, however, his fiancée Ginger Alden, found Elvis not well and later he sadly died. He was 42.



# (Pictures of Elvis)



## Written By Ryan M.

# What Is: The Tortured Poets Department

### What It Is:

The Tortured Poets Department is Taylor Swift's 11th Studio Album announced at the 2024 Grammy's. It is set to release on April 19th, 2024.

### Tracklist:

The Album will have 19 Songs, 3 of them come in a bonus track form on a CD, Vinyl, and Digital Streaming. This Album will have collaborations with Artists such as Post Malone in the song "Fortnight" and Florence and the Machine in their song "Florida!!!"

### Swiftie Rumors

Swifties around the world think this album is a "Sister" album to Taylor's 8th and 9th Studio albums "Folklore" & "Evermore" or even a synth pop album like 1989 or midnights. Before this album was announced, Taylor changed her profile picture to black and white, Swifties thought this was a hint to Taylor's next re-record, reputation. Taylor ended up shocking her fans and announcing her next album.

### Swiftie Interview

Quote From Ms. Loranger: "I am very excited. I don't think it's going to be a sister album to folklore and evermore, but not a sister album to midnights. I think its going to have that synth pop feel from 1989 and Midnights"



Taylor's 11th Studio Album Cover, Photo taken by Beth Garrabrant

## ROOM 107 APRIL FUN

April will be looking very busy for our friends in room 107; Here's what its looking like for them:

- They will learn about changing our environments in order to make room for new homes, parks, stores, and buildings. We will be learning about how to solve problems, cleaning up our environment, and more.

- Their Coffee connection will be running each Friday to staff and they enjoy delivering hot chocolate and sweet treats to staff. Staff be on the lookout on April 5th 🙄
- They will be going shopping to Aldi for cooking lessons.
- They will visit The Emagine Theatre in Frankfort to watch Kung Fu Panda 4.
- They will make Baked Denver Omelets, Solar Eclipse Toast and more!
- As Earth Day approaches, they will be keeping an eye out for a nice, warm day so they can walk the school grounds and pick up trash that has collected over the winter months.
- A few of our Special Olympics Athletes, will get an opportunity to perform their gymnastics routine in front of their families.
- On April 29th, they will be meeting some new friends that are currently in 5th grade and going into Middle School on Step Up Day.

## DOES THE DISTRICT MAKE GOOD FINANCIAL DECISIONS?

### AN OPINION PIECE

Each year, the district makes some needed investments such as building maintenance and technology equipment for a successful year. Sometimes, people wonder why the school spends money on certain equipment.

**File 1; Technology Quality:** The district uses Apple Technology to collaborate from teachers to students and everyone has a remote access to internet. The quality of Apple Devices and software is a simple to use interface. They even pay for internet subscriptions for learning and creativity.

**File 2; Building Maintenance:** As the years go by, the buildings are needing to be repaired. Grissom was built in the 1970's so that means it's about 50 years old! That means a good cut of money would go to building maintenance .

**File 3; Clubs/Activities:** At Grissom, some money is spent on clubs such as Podcast, Band, Chorus, exc.. but the equipment purchaed can be used for more than just the club. Podcast Microphones can be used for singing, like at chorus.

In Conclusion, I think that the district makes as pretty good decisions on what is purchased. It all comes down on your view of what makes a good or bad investment.

# APRIL SCHOOL CALENDER

## CLUBS

- Student Council (All Members): April 2nd
- eSports Club: April 3rd
- Student Council (All Members): April 16th
- eSports Club: April 17th
- eSports Club: April 24th
- Patriot Press: April 29th

## SPORTS

- Girls Soccer vs Liberty: April 15th
- Boys Soccer vs Liberty April 15th
- Girls Soccer vs Conrady: April 17th
- Boys Soccer vs Conrady: April 17th
- Girls Soccer vs Evergreen: April 18th
- Boys Soccer vs Evergreen: April 18th
- Boys Soccer Game @Palos: April 22nd
- Boys Soccer vs OLHMS: April 23rd
- Girls Soccer vs OLHMS: April 23rd
- Girls Soccer vs SIMMONS: April 25th
- Boys Soccer vs SIMMONS: April 25th
- Girls Soccer vs Tinley Central: April 29th
- Boys Soccer vs Tinley Central: April 29th



## CHORUS & BAND

- IGSMMA State Band Contest (All Bands)
- 5th Grade Beginning Band Concert

## HOT LUNCH

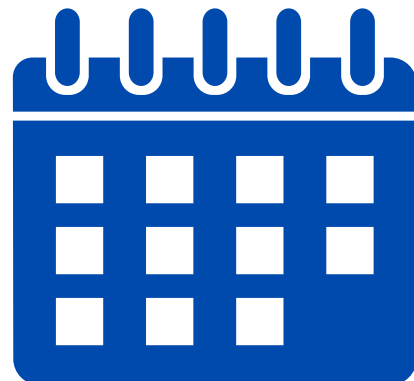
- April 2nd: Panda Express & Sam's Club
- April 5th: Jets
- April 9th: Nicks BBQ & Sam's
- April 16th: Culvers
- April 23rd: Skillet House & Sam's
- April 30th: Nicks BBQ & Sam's

## INTRAMURALS

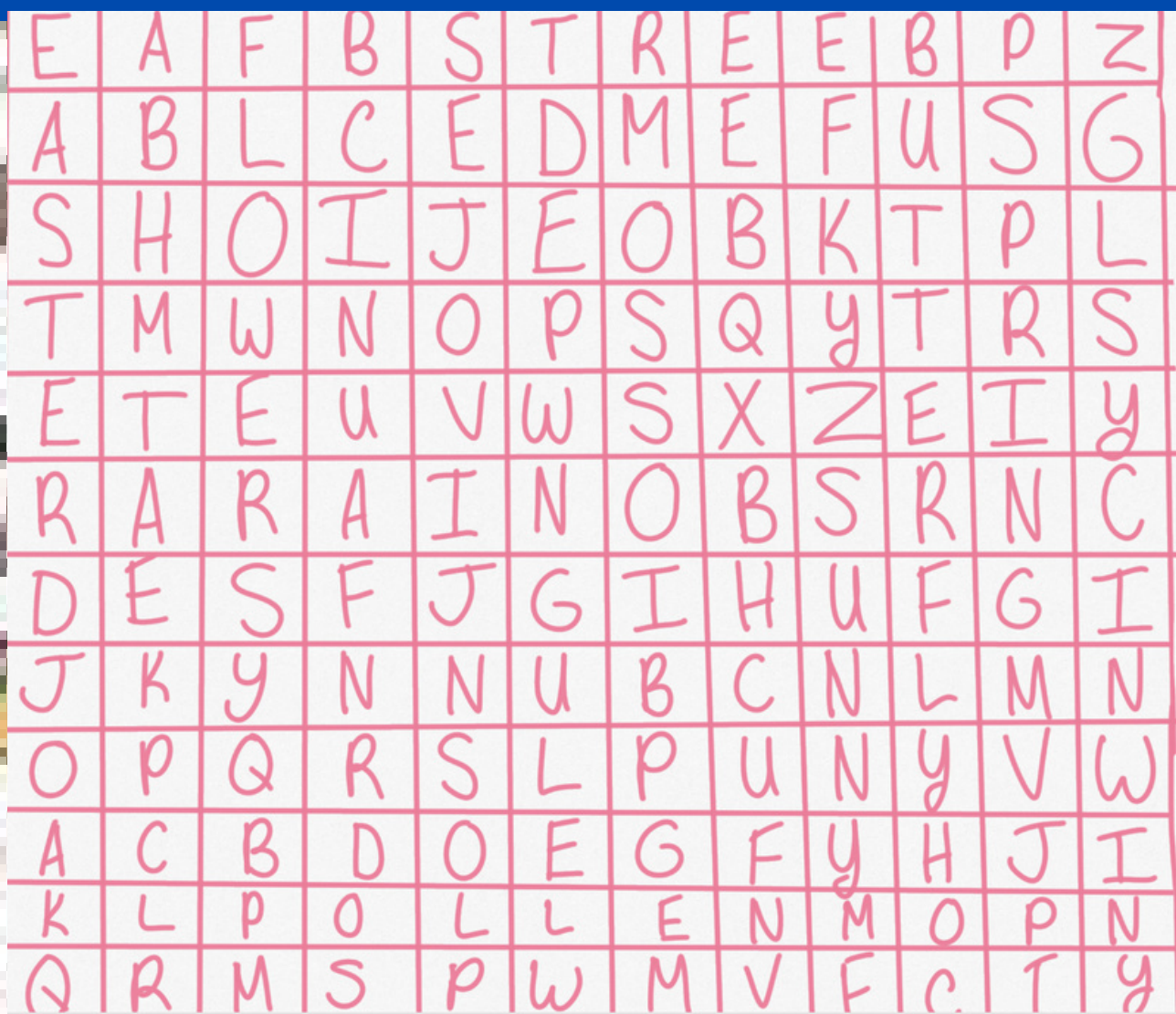
- Wiffleball: April 9th
- Wiffleball: April 11th
- Wiffleball: April 16th
- Wiffleball: April 18th
- Wiffleball: April 23rd
- Kickball: April 25th
- Kickball: April 30th

## REMINDERS

- April 5th- Quarter 3 Ends
- April 10th- No School
- April 12th- Quarter 3 Grades All Finalized



# PUZZLED



## Spring wordsearch

### Word Bank

Easter, Flowers, Rain,  
Blossom, Tree, Bees,  
Butterfly, Spring,  
Bunny, Pollen